

IGA Diploma in Groupwork Practice Foundation Year (York)

A 15 day foundation
certificate in therapeutic
groupwork, held in York.

13 Fridays and 2
Saturdays between
6th October 2017 &
23rd June 2018.

Option to continue
to Diploma Year and
qualify as a groupwork
Practitioner.



York Groupwork Ltd.

What is Group Analysis?

- ◇ Group analysis is a unique, flexible way of thinking about and working therapeutically in groups.
- ◇ It can provide a mirror for the context of a person's life and explores the reciprocal relationship between the individual and the many groups of which they may be a part.
- ◇ It combines sociology, gestalt psychology, systems theory and psychoanalysis and was developed in working with soldiers traumatised during the 2nd World War. Whilst group-analytic ideas underpin the course, we will consider all aspects of other approaches and participants will be encouraged to adapt what they learn to their particular work contexts.



What is the Foundation Year?

The Diploma Course (Foundation Year) includes:

- ◇ Theory seminars exploring attachment, unconscious processes, organisational dynamics and 'dark forces' in groups and conducting groups;
- ◇ Work discussion groups where participants are invited to contribute issues from their workplace;
- ◇ Experiential learning which takes the form of 45 hours in total spent in an unstructured small group, conducted by an experienced group analyst, and 6 median groups where the Foundation and Diploma years combine. The objective is neither teaching nor treatment, but participants often describe the small and median groups as a significant personal development experience.

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'I really gained confidence in facilitating groups'

- Health Psychologist

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I would thoroughly recommend this course for people interested in groups who want to develop, professionally and personally.

- Clinical Team Manager

Who Takes Part?

Participants come from a wide mix of disciplines and work settings. The course will appeal to:

- ◇ health and social care professionals (both clinical & managerial)
- ◇ counsellors & therapists
- ◇ teachers & trainers
- ◇ voluntary sector staff
- ◇ business personnel
- ◇ organisational consultants
- ◇ those who are simply curious about their experiences in groups.

There is no need to be running a group to participate in the course.



Qualification & Progression

A certificate will be awarded on completion of the Foundation Year with at least 80% attendance. This allows progression to the 2nd year of the Diploma, successful completion of which can lead to Associate Membership of the Institute of Group Analysis as a Groupwork Practitioner. Further Information is available from the Course Convenor.

Learning Outcomes

By the end of the course, participants will:

- ◇ Recognise the effect of group dynamics upon self and others
- ◇ Have increased self awareness and self-reflectivity
- ◇ Understand group dynamics from a Group Analytic perspective
- ◇ Be aware of the role of the group conductor in developing a group culture and the common pitfalls that await the unwary.
- ◇ Gain insight into how group dynamics impact on their work and in their lives
- ◇ Increase their knowledge and confidence to conduct groups, whilst recognising supervision and further training needs.



Course Locations

Foundation courses in group analysis are offered internationally, and at the following UK locations:

- ◇ York
- ◇ Aberdeen
- ◇ Birmingham
- ◇ Brighton
- ◇ Edinburgh
- ◇ London
- ◇ Manchester
- ◇ Newcastle
- ◇ Oxford
- ◇ Turvey (Beds.)

Diploma courses are offered in:

- ◇ York
- ◇ London
- ◇ Manchester
- ◇ Turvey

For further details about the non-York courses and information on the Qualifying Training in Group Analysis, please visit:
www.groupanalysis.org



Fees

Self funding registration fee of £250.00 (non returnable unless a place is not offered). Nine monthly installments of £120 follow, amounting to £1330 in total. Organisations pay a standard fee of £1630, but receive a 25% discount on the second place if funding two people.

Dates

The course runs from 10 am - 5 pm as follows:

Initial weekend: 6th - 7th October

Fridays: 20th October, 3rd November, 24th November, 15th December, 5th January, 26th January, 16th February, 9th March, 13th April, 11th May, 1st June.

Concluding weekend: 22nd - 23rd June



Equal Opportunities

York Groupwork Ltd. seeks to promote equal opportunities and accessibility to training. We will help applicants in seeking funding for the course. We also offer our own bursary scheme to those with a low household income. As group analysts, we value difference, encourage understanding of cultural diversity and seek to live out these values in our work.



Foundation Year Staff Team

- ◇ Co-Convenors: Sally King, Christopher Davies
- ◇ Experiential Group Conductors: Leonie Hilliard, Julie Pope-Carter
- ◇ Median Group Conductor: Chris Powell



Venue

We meet at the St Bede's Centre, Blossom Street, York, a well-equipped, accessible training facility 5 minutes walk from York Rail Station.

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Excellent match of learning through teaching and through group process

- Previous participant

**To find out more or to apply
for a place, please contact:**

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