

# Everything you always wanted to know about groups... but were afraid to ask!

**A one-day introductory workshop on 'groups that help', offered by York Groupwork Ltd**

**Friday  
26 June 2015  
10.00am - 4.30pm**

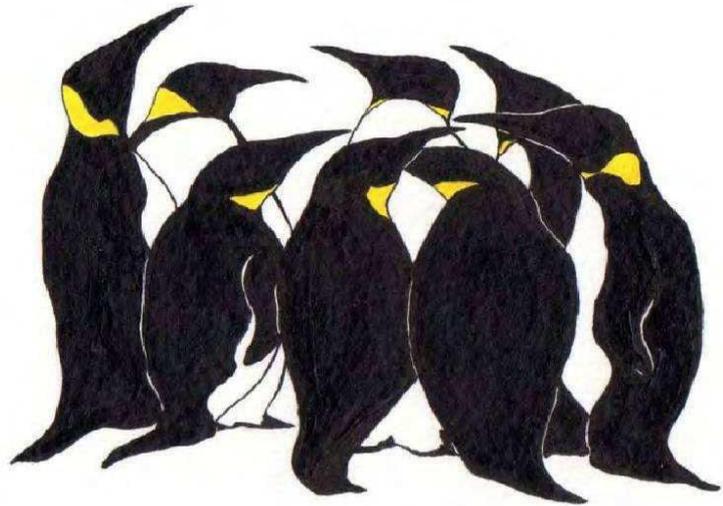
**St Bede's  
Pastoral Centre  
Blossom Street  
York  
YO24 1AQ**

**Cost:  
£35 (Self-funding)  
£50(Organisations)**

**Materials, refreshments and a good buffet lunch included.**

**Workshop leaders:**

**Christopher Davies  
and Sally King**



“The essence of man is social” - wrote Michael Foulkes, the founder of Group Analysis, and groups are indeed at the heart of our development as people, as well as our professional and social lives.

This interactive workshop offers an opportunity to discover more about group work, exploring the opportunities and challenges of the group context through a combination of discussion, exercises, some theoretical input and a taste of experiential work. Participants will be able to reflect on their own experiences - good and bad - as group members in different contexts.

The workshop is suitable for anyone interested in 'groups that help'. Previous participants have included youth workers, clergy, those working in social care, the voluntary sector, in training and consultancy work and with ex-offenders, as well as people leading more formal therapeutic groups in health and mental health settings.

You will also have an opportunity to find out about the Diploma in Groupwork Practice offered in York.

**Limited places – book now!**

**Everything you always wanted to know about groups...  
but were afraid to ask!**

**Friday 28 March 2015**

**Booking form**

Name \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

Is this: Work  Home  Mobile

**Email address** – please write clearly as we will normally send booking confirmations by email:

Do you have any access or learning support needs that we should be aware of, or special dietary requirements?

We would like to send you information from time to time about other courses that may be of interest to you. Please put a cross in the relevant box(es) if you do *not* agree to receiving such information by:

Email  Post  Phone  Text message

How did you hear about this workshop?

Email / Website / Recommendation / Other \_\_\_\_\_

**Payment:**

Standard rate £35  Organisation £50

I am paying by:

- Cheque (payable to York Groupwork Ltd) enclosed.
- BACS transfer (Sort code 090150, Account no. 06686281. Please include your name as the payment reference.)
- Please invoice my organisation. I enclose an official purchase order (if organization requires this).

**Cancellations:** More than 6 weeks before the course date – full refund. 2 – 6 weeks before – 25% cancellation fee. Less than 2 weeks before – no refund unless we can fill your place. Your place can be transferred to someone else from your organisation.

**How we use your information:** The personal information you give us is used for administration of the course. We do not share your information with anyone outside York Groupwork Ltd. For further information on how your information is used, how we keep your information secure, and your rights to access information we hold about you, please contact us or see our website.

*“Opened my eyes to the potential of a group and I can take this new awareness into my client work.”*

*“Very well structured and thought out – very digestible.”*

*“Learnt a lot about group work dynamics and about myself – it’s been really supportive.”*

Over 90% of previous participants would recommend this course to others, and many go on to register for the 15-day York Groupwork Foundation Course.

**Return booking form to:**

**York Groupwork Ltd  
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